

General description of Trek

Day One

Kathmandu The capital city of Nepal is a historic and cultural city of Newars. This largest metropolitan city of Nepal hosts numerous display of magnificent Newari art work in the form of ancient temples as well as traditional festival celebrations all year round. Kathmandu is also the core of urban infrastructure development of Nepal and the only gateway to the tourism adventure in Nepal. This blend of ancient culture and modern development makes it a unique tourist destination worth a visit. to Dhunche **(2030m)**

Driving distance: **7 hours**

The first day trek starts early driving by jeep to the starting point of the trail.. Passing the Kathmandu valley, the roads twist and turn along the high hills through remote villages. When

you reach the village of Ranipauwa, there is a fine view of the Annapurna Mountain range in the west and Langtang Mountain range in the east. Following plain land to Trishuli bazaar, than touring over rough roads, guides you into the Langtang National Park where you will notice the remoteness of the human settlement at higher altitude. The first nights stay will be in the district headquarters of Dhunche. O/N at Lodge with full board basic.

Day Two

Dhunche to Thulo Syabru (**2210m**)

Hiking distance: **5 to 6 hours**

The trek starts by descending through forest, down to the Trisuli River. This water runs from the Gosainkunda Lake, which is holy to Hindus and Buddhists. After crossing a suspension bridge, there is a steep climb along a stream and mountainside to the village of Braccaka. Here, you can see Sherpa culture and tradition. You will continue on, skirting around a ridge, leading to fields, climbing at a steady pace. A lunch stop can be made in the village of Brabel where there is a beautiful view of the Ganesh Mountain (7000m). Moving along the trail leads you to Syabru village where you will spend the night. O/N lodge with full board basic.

Day Three

Syabru to Lama Hotel (**2340m**)



Day Four

Lama Hotel to Langtang (**3330m**)

Hiking distance: **4 to 5 hours**

Starting a gentle climb through forest directs you to Gore Tabela, which is located in a wide valley. Here, lies the Royal Nepali Army base camp, where they guard the National Park animals. A lunch stop can be made before heading towards the alpine meadows and ascending up to Langtang. It is the Parks headquarters and made up of stone walls with surrounding fields and Yak herds. Being a traditional and historical village, allows you to see old culture here. The people strongly believe in Buddhism and follow by Tibetan rule. O/N at Lodge with full board basic.



Day Five

Langtang to Kyanjin (3730m)

Hiking distance: **4 to 5 hours**

The day starts by climbing to a Chorton (Buddhist Monument) and then down a gentle path, passing *Mani* stones (prayer stones). These stones have carvings of the Tibetan Buddhist chant (*om mani padme hum*) and virtually look as if their speaking themselves. The trail advances into a glacial valley where you can see the Kimshun and Tsenji Himal. It then follows to Kyanjin Gumpa. O/N at Lodge with full board basic.

Day Six

Rest day in Kyanjin! (3730m)

Kyanjin Gumba is not a very old village. There is a small cheese factory, run by the government where many local people work. There are plenty of lodges and a valley that offers panoramic views. From here, you can acclimatize by further exploring the glacier, Tsergo Ri Mountain

(4700m) and Cherkori (5200m) Mountain. O/N at Lodge with full board basic.



Day Seven

Kyanjin to Lama Hotel (**2340m**)

Hiking distance: **6 to 7 hours**

The route is mainly flat and downhill back to the Lama Hotel. You will spend one more night there. O/N at Lodge with full board basic.

Day Eight

Lama Hotel to Syabrubesi (**2210m**)

Hiking distance: **6 to 7 hours**

Walking the same path from the Lama Hotel all the way to riverside and cross the river and Sabrubesi. O/N at Lodge with full board basic.

Day Nine



Syabrubesi to Katmandu (3250m) - Driving distance: **4 to 5 hours**. O/N at Lodge with full board basic.

Note: The itinerary is just for the guideline. It can be changed at any point as per the situation and need of the client and staff.

Trip cost (2 person to 5 person)

Standard Service

Per person

Euro- €- 799.00

Cost includes:

All the necessary transport from Katmandu to Dhunche and Sabrubesi to Kathandu by private vehicle.



Cost excludes:

Tipping.

Personal expenses.



All the drinks for you.

Entrance fees for temple and monastery.

Donations in Temples, schools, Monasteries, etc.

Personal trekking/climbing gear.

First aid kit (for you).

Insurance for transport in case of an incidental accident (rescue drive and flight) for you.

Note:

Altitude, distance and trekking times are approximate.

If you are interested in a mountain flight, to see Lumbini, the birthplace of Buddha, go rafting or visit Chitwan National Park we can extend your trip accordingly. Please, tell us your desires and we will do our best to arrange it for you.