

Total of days on trek 7

Trek distance 79 km

Highest altitude 3210 meter

Maximum climb 1000 meter

Maximum descend 1490 meter

Religions Hinduism, Buddhism Shamanism

Ethnic people Thakali/ Magar/ Gurung

Accommodations Lodges /

Transportation private vehicle.



General description of Trek

Day One

{tooltip} **Pokhara** {end-texte} Pokhara is the most famous tourist destination of Nepal and also the adventure hub of the country. The starting point of trekking and rafting voyage of Nepal, Pokhara is a tranquil valley full of remarkable natural beauty. The view of serene Phewa Lake with Fishtail Mountain in its backdrop creates a magnificent magical ambience. Pokhara is surrounded by thick forests, gushing rivers, emerald lakes and the spectacular range of snow filled Himalayan peaks. {end-tooltip}

(884m) Tikhedunga (1540m)

Driving distance: (By Car- 1/half **hours**) Walking Distance: **3 to 4 hours**

Driving by car from Pokhara to Nayapull. The mountain scenery along the drive looks like a magnificent amphitheatre of staggering scale and the scenes in the passing villages are astonishing. You will drive through old villages and meandering, green hills to the trek starting point. The trail is gentle, running along thin settlement and paddy fields leading you to Tikhedhunga. You will spend the night in the small village. O/N at Lodge with full board basic.

Day Two



Tikhedunga to Ghorepani (**2750m**)

Hiking distance: **6 to 7 hours**

You will start by climbing up hill, through rhododendron forest, passing the village of Ulleri. This is home of the Magar people (the largest ethnic people in Nepal). You will then carry on to Ghorepani, another big Magar village that is the gateway to Poon Hill. Here, you will have an overnight stay. O/N at Lodge with full board basic.

Day Three

Gorepani to Tadapani (**2590m**)

Hiking distance: **6 to 7 hours**

Your first destination is Poon Hill (3200m). If you wake up early enough, you can arrive for the magnificent sunrise over Mt Fishtail, the Annapurna Range



Day Four

Tadapani to Chhomrong Or Jhinu danda(Hot spring) **(2170m)**

Hiking distance: **5 to 6 hours**

Now, you will be trekking through the jungle. Along the way, you will pass many Gurung villages. You can stop to enjoy a lunch and then head on to the village of Chhomrong. This charming village is also home to the Gurung people and is situated on the lap of Mt

Hiunchuli

Himalchuli is the 18th highest mountain in the world. Himalchuli is also notable for its large vertical relief over local terrain. Here, you can see an excellent view of Mt. Machhapuchare (Fishtail) and the narrow canyon of the Annapurna Sanctuary. You will have an overnight stay, allowing you to further explore the area. Or you could walk down to Jhinu danda. O/N at Lodge with full board basic.



Day five

Jhinu Danda to Tolka (**1700m**)

Hiking distance: **5 to 6 hours**

After breakfast you will head downhill through jungle. You will then cross a suspension bridge leading you to a water mill. From there, the trail follows along the river bank to Himalpani. Still following the river and climbing up hill, you will arrive in the village of Landruck. It is home to the Gurung people. You can stop for a lunch break and head on through the valley. It is a beautiful stroll along the horizon. The next stop is Tolka, located on a hillside with fine mountain views. Here, you will spend the night. O/N at Lodge with full board basic.

Day Six

Tolka to Dhampus (**1650m**)

Hiking distance: **5 to 6 hours**



Day seven

Dhampus to Pokhara (820m)

Hiking distance: **3 hours**/ Driving distance: **1 hour**

From Dhampus, you will head to Phedi. Along the way you will pass rice fields and small cottages. When you reach the village of Phedi you can take a taxi to Pokhara where you can enjoy the mountainous city. It is popular for its ambient lakeside and fine views of the Annapurnas. O/N at Lodge with full board basic.

Note: The itinerary is just for the guideline. It can be changed at any point as per the situation and need of the client and staff.



□ Trip cost (2 person to _____ 5 person)

□ Standard Service _____

□ Per person _____

□ Euro- 675,00 _____

Cost includes:

All the necessary transport from Pokhara to Pokhara by private Car or Taxi.

Permit ACAP fees.

TIMS permit.



Professional staff: guide and porter, (for lodge trekking two clients share one porter. Our company policy says that one porter can carry a maximum of 16 to 18 kilo. So each of you can take 8 to 9 kilo luggage.

Insurance for all the staffs.

Normal accommodation during the trekking.

First aid kit (for the guide and porter).

Good equipment for your guide and porter (like a water and wind proof jacket and hiking boots).

A kit bag for you to put in all the equipment water the porter is going to carry.

All the food and drinks like Breakfast / Lunch/ dinner/ tea and coffee. Pokhara to Pokhara.

Cost excludes:

Tipping.



Identify the pass, take a photo, and
send it to us by email, please, to receive
a certificate of completion.